

# Practical UDL for the One-Shot

Amy Harris Houk

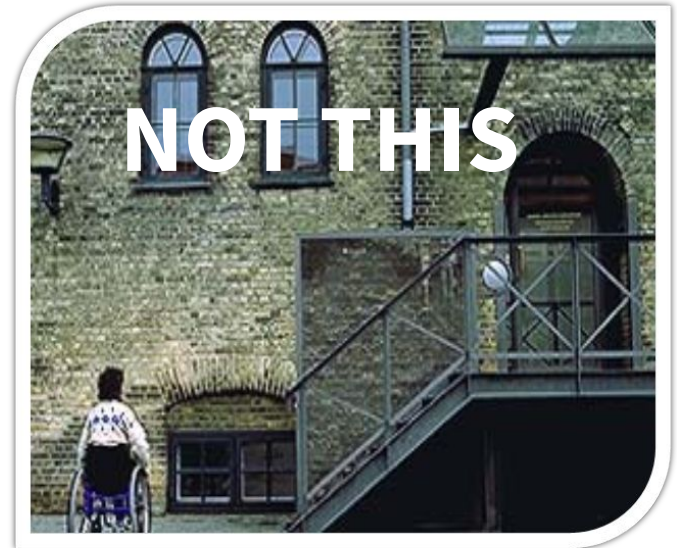
Jenny Dale

## A quick poll!

- > Text one of the answer codes below to 22333 or visit <http://tinyurl.com/mlaudl1>
- > How familiar are you with UDL (Universal Design for Learning)?
  - *Very familiar (text **422654** to 22333)*
  - *Somewhat familiar (text **422655** to 22333)*
  - *I've heard of it before (text **422656** to 22333)*

# What is Universal Design for Learning?

Let's start with Universal Design



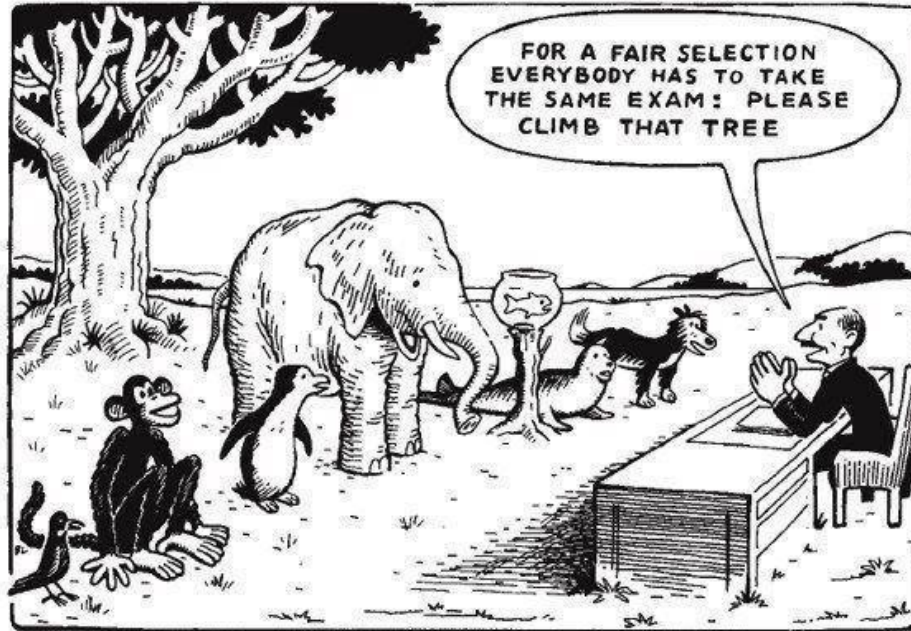
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# What is Universal Design for Learning?

Universal Design for Learning (UDL) "is a set of principles for curriculum development that give all individuals equal opportunities to learn.

UDL provides a blueprint for creating instructional goals, methods, materials, and assessments that work for everyone--not a single, one-size-fits-all solution but rather flexible approaches that can be customized and adjusted for individual needs."

CAST. (2013). About UDL. CAST. Retrieved from <http://www.cast.org/udl/>



# Challenges of the One-Shot

- > No time to build relationships or community
- > Not sure who participants are until session begins (if then)

## **Enter UDL!**

Applying UDL principles to one-shot sessions  
can increase engagement and student learning

# UDL in a flash

- > Curriculum development principles designed to reach all learners
- > Focused on flexibility for individual needs
- > Focuses on three main brain networks
  - *Recognition networks (the "what" of learning)*
  - *Strategic Networks (the "how" of learning)*



# Multiple Means of Representation (Recognition)

- > Offer ways for participants to customize information
- > Provide information in a variety of formats
- > Clarify vocabulary
- > Activate background knowledge
- > Provide opportunities to practice

# Multiple Means of Action and Expression (Strategic)

- > Provide alternative media for expression
- > Vary methods for response
- > Guide self-monitoring and self-reflection
- > Support planning and strategy development
- > Provide graphic organizers and note-taking support

# Multiple Means of Engagement (Affective)

- > Optimize relevance and value
- > Provide constructive feedback
- > Foster collaboration and communication
- > Minimize threats and distractions
- > Optimize autonomy

## Another poll!

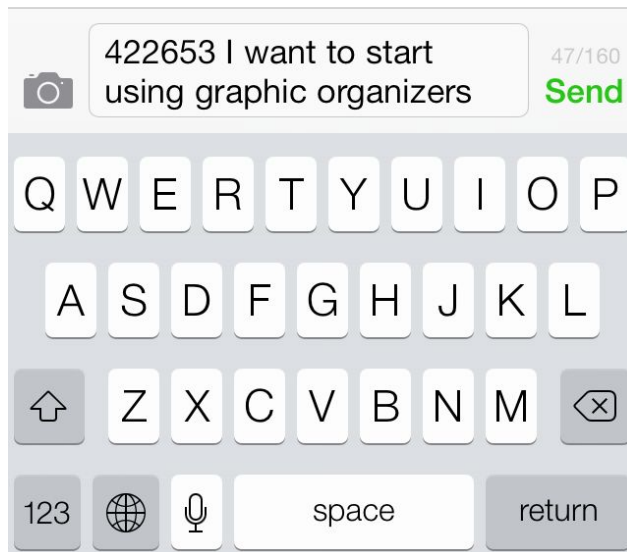
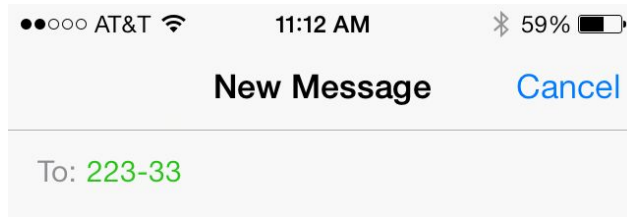
- > Text one of the answer codes below to 22333 or visit <http://tinyurl.com/mlaudl2>
- > Reflecting on the principles of UDL, how much do you feel you've already been integrating UDL concepts into your teaching?
  - *Very much (text **422650** to 22333)*
  - *Some (text **422651** to 22333)*

## Tips and suggestions

- > No magic number of changes to UDL-ify a session
- > Start slow
- > Be flexible and take cues from your audience
- > Be authentic

## One last poll!

- > What's one way you'd like to apply UDL principles to your teaching in the future?
- > This one's open ended so text **422653** and then your answer to 22333, or visit



# Questions? Comments?



## Contact Us

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